

January Breakfast Menus

	1 NO SCHOOL	2 NO SCHOOL	3 Omelet Cereal Toast Fruit/Juice Milk	4 Long Johns Cereal Toast Fruit/Juice Milk
7 Pancake on Stick Cereal Toast Fruit/Juice Milk	8 Biscuits & Sausage Gravy Cereal Toast Fruit/Juice Milk	9 Muffin Cereal Toast Fruit/Juice Milk	10 Scrambled Eggs Sausage Cereal Toast Fruit/Juice Milk	11 Long Johns Cereal Toast Fruit/Juice Milk
14 Mini Donuts Cereal Toast Fruit/Juice Milk	15 Breakfast Pizza Cereal Toast Fruit/Juice Milk	16 Cinnamon Roll Cereal Toast Fruit/Juice Milk	17 French Toast Sticks Cereal Toast Fruit/Juice Milk	18 Long Johns Cereal Toast Fruit/Juice Milk
21 Waffle Madness Cereal Toast Fruit/Juice Milk	22 Biscuits & Sausage Gravy Cereal Toast Fruit/Juice Milk	23 Muffin Cereal Toast Fruit/Juice Milk	24 Flat Bread/Egg/Cheese Cereal Toast Fruit/Juice Milk	25 Long Johns Cereal Toast Fruit/Juice Milk
28 French Toast Stick Cereal Toast Fruit/Juice Milk	29 Breakfast Burrito Cereal Toast Fruit/Juice Milk	30 Cinnamon Roll Cereal Toast Fruit/Juice Milk	31 Scrambled Eggs Sausage Cereal Toast Fruit/Juice Milk	

January Lunch Menus

	1 NO SCHOOL	2 NO SCHOOL	3 Chicken Drumstick Baked Beans Potato/Gravy Bread Carrots Pears Milk	4 Porkchopette/Bun Carrots Cheese Stick Pineapple Milk
7 Taco Fiesta Meat Soft Shell Tortilla California Blend Lettuce/Dice Tomato Shredded Cheese Salsa Carrots/Fruit Cocktail Milk	8 Cheese Pizza Mixed Vegetables Carrots Mandarin Oranges Milk	9 Lasagna Cheese Breadsticks Corn Carrots Applesauce Milk	10 Chicken Nuggets Green Bean Potato/Gravy Bread Peaches Milk	11 Corn Dog Baked Beans Yogurt Pears Milk
14 Popcorn Chicken Peas Carrots Rice Krispie Treat Pineapple Milk	15 Spaghetti Cheese Breadsticks Corn Carrots Fruit Cocktail Milk	16 Cheeseburger/Bun Green Beans Pickles Potatoes/Gravy Fruit Milk	17 Tavern/Bun Baked Beans Celery & Carrots Pickles Mandarin Oranges Milk	18 Calzone Broccoli & Cheese Cup Cake Side Kicks Milk
21 Deep Dish Pizza Carrots Cookie Carrots Applesauce Milk	22 Chicken Fettuccini Mixed Vegetables Celery & Carrots Baked Cheetos Trax Cheese Stick Peaches Milk	23 French Toast Sticks Sausage links Syrup Corn Pineapple Milk	24 Chicken Tenders California Blend Potato/Gravy Bread Carrots & Celery Pears Milk	25 Nacho's Tortilla Chips Baked Beans Cheese Sauce Lettuce/Diced Tomato Fruit Cocktail Milk
28 Teriyaki Beef Dippers Broccoli & Cheese Potato/Gravy Bread Carrots Mandarin Oranges	29 Orange Chicken/Rice Green Beans Bread Graham Cracker Elfs Carrots Peaches	30 Meatball Subs/Bun Peas Celery & Carrots Pineapple Milk	31 Chicken Nuggets Corn Tater Tots Bread Pear Milk	

January 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1	2	3 School Resumes MS G BB @ Home vs. RV -4:00 MS B BB @ Correctionville -4:00 V WR @ OABCIG -6:00	4 4th Grade Field Trip	5 WVC Quiz Bowl @ WC JV G BB @ LB-TBD V WR @ Tripoli -10:00
CHRISTMAS BREAK—NO SCHOOL						
6	7 JVB/ V G/B BB @ SCC - 4:30/6:00/7:30 JV WR @ West Sioux -4:30	8 MS G BB @ Pierson-4:00 MS B BB @ Home vs. KP -4:00 JV/V G/B BB @ Home vs. OABCIG -4/5/6/7:30 V WR @ West Sioux -6:00	9 OLWEUS -10:25	10 MS G BB @ Home vs. WM-4:00 JVR B BB @ Ridge View -5:00	11 JV/V G/B BB @ KP -4/5/6/7:30 (WC-KP Cross Country will be recognized between games)	12 Quiz Bowl @ BCC JV B BB @ LB -9:00 V WR @ WC -9:30 JV/V G BB @ Home -6:00/7:15
13	14 ProStart @ Chamber MS G BB @ Home vs. LB -4:00 JV WR @ Storm Lake -5:00 JVR B V G/B BB @ Home vs. LeMars Gehlen -4:30/6:00/7:30 HS Choir—Dordt -TBD School Board Meeting -7:30	15 MS G BB @ RV -4:00 JV/V G BB @ Dakota Valley - 5/6:15/7:00 V WR @ Home -6:00 (Senior Parent Night) WR Cheer Tailgate	16	17 Jazz Band @ Esterville MS G BB @ Home vs. Ponca - 4:00 JV G/JVR B BB @ SBL-6/7:15	18 JV/V G/B BB @ Home vs. RdV - 4/5/6/7:30 (Senior Parent Night) V WR @ OABCIG-4:30	19 District Large Group Speech _ TBD JV B BB @ Home -9:00 JV WR @ SC North -9:00 V WR @ OABCIG -9:00
20	21	22 V WR @ Home -6:00	23 OLWEUS -10:25	24 JV/V B BB @ TBD -WVC	25 JV/V G BB @ -TBD-WVC	26 JV B BB @ Alta -9:00 JV G BB @ MVAO -10:00
27	28 JV/V B BB @ TBD—WVC	29 MS WR @ WM -4:00 JV/V G BB @ TBD—WVC	30	31 V B BB @ TBD—WVC		